

Ten Questions to Ask Your Spouse on a Date Night

An important sign of a healthy relationship is good communication. Colossians 4:6 says, “Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each other.” Salt not only adds flavor, but slows down the decaying process in food. What Paul is saying is both our words and tone of voice should be pleasing to the ears and edifying to the soul. We should avoid harsh, critical, and dirty speech that tears others down and use our tongue instead to build up. Here is a list of ten questions you can ask your spouse to promote good communication, such as on a date night...

1. What are a few of your favorite foods?
2. What are a few of your favorite hobbies?
3. What is one thing at home you wish you did better?
4. What is one thing at home you'd like me to do better?
5. Who is someone you deeply admire?
6. What is one of your favorite memories of our time together?
7. What is one thing I do that sometimes irritates you?
8. What character qualities do you most admire in me?
9. What is one lesson God has been teaching you?
10. Read 1 Corinthians 13. If I could better serve and show my love to you in one way, what would it be?